



Howell To Sports

Check Out our SOR Program

After many years of avoiding videos we finally decided to give them a shot. We started with one of our most versatile products - [the SOR Program \(Speed of Recognition\)](#).

This product is a tool that provides instruction for all aspects of training. It challenges your brain to make the correct decision quickly. It challenges your visual system to connect to your brain quickly. It challenges your body to make the correct movements quickly.

Please take a look at the [videos on this page also](#).

SOR Program



SOR Bean Bags



SOR Program



Golf Wiffles for SOR Program

You can see the SOR Program above. There are also 4 videos to show you how to use this unique product. We have also added extra balls and bean bags as add-ons to the SOR Program. If you have any questions please call me at 856-381-8888 or e-mail ed@howelltosports.com



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